

Holiday Hours

Christmas Eve 12/24/24

Club Hours • 6:30am – 1pm
Tennis Office, Child Care, JrFit •
Closed
Swim School • Front Desk 9a-3p,
No Classes
Membership • Closed

8am • HIIT 45
8am • AbsoluteFIT Mat Pilates
9am • AbsoluteFIT Cardio Core
9am • Balance and Strength
9am • Mat Pilates
10am • Intermediate/Advanced
Reformer
10am • Aqua
12pm • Functional Fitness

Christmas 12/25/24 CLOSED

New Year's Day 1/1/25

Club • 6:30am – 1pm
Tennis Office, Swim School,
Child Care, JrFit • Closed
Membership • Closed

6am • Cycle
8am • HIIT 45
9am • Balance and Strength
9am • AbsoluteFIT Cardio Core
9am • Mat Pilates
10am • Intermediate/Advanced
Reformer
12pm • Mixed Level Reformer
12pm • Functional Fitness

New Year's Eve 12/31/24

Club • 6:30am – 1pm
Tennis Office, Child Care, JrFit •
Closed
Swim School • Front Desk 9a-5p,
No Classes
Membership • Closed

8am • Cycle
9am • Step Interval
9am • Aqua
Pilates • 9am and 10am
AbFit • Only 9am
10am • Zumba
11am • Fitness Mobility